

General Pool Rules

1. Admission to the pool is limited to members only. Members & their Guests must sign in.
2. An adult must accompany children under 10 years old. Unattended children 10 and over must have a signed waiver with contact information on file. If you have not already completed the appropriate forms, please print and complete the CONSENT, RELEASE AND WAIVER OF LIABILITY and Emergency Contact forms and return them to the Head Lifeguard or any Board member.
3. NO glass containers.
4. NO dogs or other pets allowed in pool area.
5. The use of disposable diapers is prohibited; only approved swim diapers may be used in the pools.
6. All children who are not toilet trained must wear swim diapers in the pools.
7. NO running or rough play in the pool area.
8. NO swimming in the diving area unless the boards are closed by the lifeguards.
9. NO diving in shallow water.
10. NO Frisbees allowed in pool area.
11. NO Pool Noodles, unless as part of a specific, supervised Swim Team practice activity.
12. NO rafts, floats, balls, water guns, etc. during crowded conditions.
13. NO fighting or profanity. Violators will be required to leave.
14. NO gum allowed in pool enclosure.
15. Do not drag pool furniture across the deck.
16. Bathers must shower before entering or the pool.
17. Please hose off after playing outside the pool enclosure.
18. No children allowed in the clubhouse unless accompanied by an adult (enforced at your discretion)
19. Lifeguards are not responsible for watching children in the baby pool.
20. Baby pool usage is limited to children 5 years old and under.
21. Swimming during "Adult Swim" is limited to persons 16 and older.
22. There will be a 15-minute adult swim at a quarter to the hour, every hour.
23. Report all injuries to the lifeguards.
24. NO water balloons allowed in the pool area.
25. No smoking inside the pool enclosure/ Persons who smoke are asked to be considerate of other members and children and dispose of their cigarettes properly and safely.
26. Smoking and alcohol are prohibited at swim meets.
27. Please place all waste materials in the proper disposal containers.
28. Public drunkenness will not be tolerated. Alcoholic beverages should be consumed in moderation.
29. Personal conduct in the pool and clubhouse must be such that the safety of the individual and others is not jeopardized.
30. Damage to Club property, including trees and shrubbery will not be permitted by any member. Member's children or guests who cause such damage shall be responsible for such damages.
31. Premises must be vacated at closing time.
32. NO Soliciting.

DIVING BOARD RULES

1. ONLY one person allowed on the board at a time
2. NO double bouncing
3. NO flotation device in the deep end or on the board
4. NO long distance dives
5. NO handstands or sitting on diving board
6. NO running on diving board
7. Do NOT dive to the side of the pool
8. NO diving allowed from the lifeguard stands

General Pool Rules - Children at the Pool

1. There will be a 15 Minute "Adult Swim" at the end of each hour to allow children to rest and for adults to have a period in the pool without the interference of children. Only members and guests 16 years of age and older may be in the water during this break. Children younger than 16 must remain at least 6 feet from the edge of the pool until the lifeguard signals the end of adult swim. Parents may bring single infants or toddlers into the water during adult swim. Please be considerate of members trying to swim laps in the pool.
2. No child will be permitted in the deep-water section of the pool unless he/she can demonstrate the ability to swim one width of the pool in good form and the ability to tread water for at least 30 seconds. Children may not pull themselves along the roping in deep water. Children under the age of 10 must be in the company of an adult when using the pool facility. Children must be 10 years of age to use the pool facility without adult supervision.
3. Unattended children 10 and over must have a signed waiver with contact information on file. If you have not already completed the appropriate forms, please print and complete the waiver and contact info sheets, and return them to the Head Lifeguard, the Pool Manager, or any Board member.
4. Only children 5 years of age or younger are allowed in the baby pool. It is not to be used by older children during adult swim periods. Lifeguards are not responsible for watching children in the baby pool.
5. Children in the baby pool must be attended to by an adult at all times.
6. All children not toilet trained must wear a swim diaper. If you need additional swim diapers, please ask the Lifeguard (we have additional swim diapers on hand). Parents of infants, toddlers, and young children are expected to clean up and thoroughly sanitize any area where their child has an "accident." The guards will provide cleaning materials and directions. This includes the bathrooms. If an accident occurs in the water, bring it to the lifeguard's attention immediately so that they can be of assistance.
7. Discipline will be enforced by the lifeguards. Children who do not listen to the lifeguards will be found in violation of the rules and will be disciplined as follows. 1st violation –warnings and an explanation of safety rules to the child and parents will be notified; 2nd violation- violator's pool privileges will be suspended for the rest of the day and their parents will be notified in writing; 3rd violation- violator's pool privileges will be suspended for the rest of the day and parents will be notified to meet with the board to appeal possible loss of pool privileges.
8. Children are not permitted in the kitchen without supervision.

LIFEGUARDS ARE IN FULL AUTHORITY AT ALL TIMES